

STEPPING OUT SALAD BAR CHOICES

The food items listed below are entered into the database.

Salad Bar: Serving Planned 100

Number Served: 89

FOOD CODE	FOOD ITEM	QUANTITY	UNIT OF MEASURE	LEFTOVER
11252	Lettuce, Iceberg, Fresh	4.5	Pounds	.5 #
11124	Carrots, Fresh, Raw	9.7	Pounds	1 #
11090	Broccoli, Fresh, Raw	10.3	Pounds	.5 #
11135	Cauliflower, Fresh, Raw	8.0	Pounds	1 #
11429	Radish, Fresh	6.6	Pounds	.6 #
11529	Tomato, Fresh, Ripe	10.0	Pounds	1.5 #
11333	Green Pepper, Raw	6.8	Pounds	1#
05360c	Chicken, Diced	3.2	Pounds	0 #
01123c	Egg, Diced	4.2	Dozen	0 #
01168	Cheddar Cheese, Shredded	6.3	Pounds	.5 #
07027	Ham, Chopped	4.9	Pounds	1 #
04021	Blue Cheese Dressing French Dressing Italian Dressing Thousand Island, Lo Cal Dressing Italian, Diet Dressing (c)	100	Packets	10 #
18242	Croutons, Plain	3.2	Pounds	0 #

Directions: Choose as many or all of the following items and enter them into the salad bar recipe. Base quantity planned on 100 servings.

FOOD CODE	FOOD ITEM	QUANTITY	UNIT OF MEASURE	LEFTOVER
18228	Crackers, Saltine			
01120	Yogurt, Fruit, Lowfat 9 gm			
11159	Cole Slaw			
09020c	Applesauce, Canned, Sweetened W/O Salt			
09269c	Pineapple, Canned, Light Syrup			
09240c	Peaches, Canned, Light Syrup			
00245	Fresh Fruit Assortment			

PRODUCTION RECORD - SALAD BAR

Number Planned 100
Number Served 89

Part of Meal
Yes or No

Site:														
Menu Date:					Completed by:									
VEGETABLES	Num Used	Unit	Leftovers Amt *Disp		FRUIT	Num Used	Unit	Leftovers Amt *Disp		MEAT/M.A.	Num Used	Unit	Leftovers Amt *Disp	
Beans					Apples					Cheese, Am.				
Bean Salad					Applesauce					Cheese, moz.				
Beets					Bananas					Cheese, ched.				
Broccoli, Florets	10.3	#	.5 #	R	Berries					Cottage cheese	6.3	#	.5 #	R
Carrots, Grated	9.7	#	1 #	R	Grapes					Eggs	4.2	Doz.	0 #	W
Celery					Kiwi					Meat _____				
Cole slaw					Melon					Nuts/seeds				
Cucumbers					Oranges					Yogurt				
Garbonzas					Peaches					Chicken	3.2	#	0 #	R
Mushrooms					Pears					Ham	4.9	#	1 #	R
Lettuce, Head	4.5	#	.5 #	W	Pineapples									
Olives														
Onion _____														

Peppers, Green	6.8	#	1 #	R	GRAINS					OTHER				
Pickles					Bread					Bacon bits				
Potatoes					Crackers					Banana chips				
Potato salad					Macaroni salad					Gelatin				
Radishes	6.6	#	.6 #	R	Pasta salad					Pudding				
Sprouts					Tortillas					Croutons	3.2	#	0 #	R
Tomatoes	10	#	1.5 #	W										
Cauliflower	8	#	1 #	R										
					DRESSINGS					SOUPS/HOT BAR				
					Blue Cheese	20	pc							
					French	20	pc							
					Italian	20	pc							
					Thos. Isl. LoCal	20	pc							
					Italian Diet	20	pc							

*Disposed: W-Waste R-Refrigerator C-Charity